

Anthem Oral Surgery and Implant Center, LLC
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**IMPORTANT INSTRUCTIONS REGARDING YOUR
SEDATION / GENERAL ANESTHESIA**

Due to the risk of vomiting, **Do not eat or drink anything** (including water) for eight (8) hours prior to surgery.

However, it is important that you take any **regular medications** (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided, **using only a small sip of water.**

- For morning appointments, nothing to eat or drink after midnight and skip breakfast.
- For afternoon appointments, you may eat a light clear breakfast six (6) hours before your appointment and skip lunch.
- Take any regular medications with only enough water to get the pill down.
- You **MUST** have an adult family member or friend to drive you home. Someone who we can go over post operative instructions with. **Your ride should be available to bring you home approximately 45 minutes from your scheduled surgery time.**
- Please remove nail polish and if possible, nail extensions. This will improve our ability to monitor your vital signs while under general anesthesia.
- Feel free to wear loose fitting comfortable clothing.
- Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

Our goal is to provide you with a safe, pleasant and effective sedation. In order to do this it is extremely important that you follow these instructions carefully.

Please feel free to ask or call about any questions concerning your surgery or anesthetic.

Thank You